

IMPLEMENTATION PLAN

Addressing Community Health Needs

Roosevelt Medical Center ~ Culbertson, Montana

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Disclaimer: The Montana Office of Rural Health strongly encourages an accounting professional's review of this document before submission to the IRS. As of this publishing, this document should be reviewed by a qualified tax professional. Recommendations on its adequacy in fulfillment of IRS reporting requirements are forthcoming.

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The Implementation Planning Process

The implementation planning committee – comprised of Roosevelt Medical Center’s leadership team– participated in an implementation planning process to systematically and thoughtfully respond to all issues and opportunities identified through the Community Health Services Development (CHSD) needs assessment process. The facility conducted the CHSD process in conjunction with the Montana Office of Rural Health (MORH).

The CHSD community health needs assessment was performed in the Fall of 2017 to determine the most important health needs and opportunities for Roosevelt County, Montana. “Needs” were identified as the top issues or opportunities rated by respondents during the CHSD survey process or during focus groups (see page 9 for a list of “Needs Identified and Prioritized”). For more information regarding the needs identified, as well as the assessment process/approach/methodology, please refer to the facility’s assessment report, which is posted on the facility’s website (<http://www.rooseveltmedical.org/Resources.html>).

The implementation planning committee identified the most important health needs to be addressed by reviewing the CHNA, secondary data, community demographics, and input from representatives representing the broad interest of the community, including those with public health expertise (see page 8 for additional information regarding input received from community representatives).

The implementation planning committee determined which needs or opportunities could be addressed considering Roosevelt Medical Center’s parameters of resources and limitations. The committee then prioritized the needs/opportunities using the additional parameters of the organizational vision, mission, and values, as well as existing and potential community partners. Participants then created a goal to achieve through strategies and activities, as well as the general approach to meeting the stated goal (i.e. staff member responsibilities, timeline, potential community partners, anticipated impact(s), and performance/evaluation measures).

The prioritized health needs as determined through the assessment process and which the facility will be addressing relates to the following healthcare issues:

1. Senior Services
2. Health and Wellness
3. Alcohol and Substance Abuse

In addressing the aforementioned issues, Roosevelt Medical Center seeks to:

- a) Improve access to healthcare services;
- b) Enhance the health of the community;
- c) Advance medical or health knowledge;
- d) Relieve or reduce the burden of government or other community efforts

Roosevelt Medical Center’s Mission:

At Roosevelt Medical Center we are dedicated to providing our patients with appropriate, personalized, quality health care.

Roosevelt Medical Center’s Vision:

Roosevelt Medical Center will be recognized as a customer-focused healthcare team committed to the quality of life in our region, through healthy communities, and the healing of the body, mind and spirit. This will be achieved through outstanding service to every patient, and every employee, with each of their experiences in an environment that cultivates learning and active participation, which will assure financial viability for health services in this region for future generations.

Implementation Planning Committee Members:

- Audrey Stromberg – CEO, Roosevelt Medical Center
- Jaimee Green – Marketing and Foundation Director, RMC
- Elizabeth Leinen – Business Office Manager, RMC
- Jolinn Smith – Laboratory Supervisor, RMC
- Jennifer Kessner – CFO, RMC
- Karla Fink, RN – Clinic Manager, RMC
- Brian Fordyce – IT, RMC
- Deborah Heckmun – EMS, Disaster Preparedness Manager, RMC
- Jessica Schmitz, RN – DON, Social Services, Pharm Tech, Infection Control, RMC
- Jeff Haus – Environmental Services Manager, RMC
- Barb Anderson – Radiology Tech, RMC
- Vickie Grimsrud – Activities Director, Telemedicine, RMC

Prioritizing the Community Health Needs

The implementation planning committee completed the following to prioritize the community health needs:

- Reviewed the facility's presence in the community (i.e. activities already being done to address community need)
- Considered organizations outside of the facility which may serve as collaborators in executing the facility's implementation plan
- Assessed the health indicators of the community through available secondary data
- Evaluated the feedback received from consultations with those representing the community's interests, including public health

Roosevelt Medical Center's Existing Presence in the Community

- Roosevelt Medical Center provides physicals in the school at a reduced price (\$30)
- Facility staff members will offer to provide STD education for students in area schools
- Roosevelt Medical Center hosts annual women's and family health-focused community education sessions at no cost to community members
- The facility hosts telemedicine sessions on behalf of the community for mental health consults, educational classes, and medical consults with specialists
- Specialists who are not based in the community (i.e. audiologist and chiropractor) are given space to see patients at no charge to them
- The facility sponsors wellness programs for diabetic patients or those patients identified as being at risk for diabetes
- Roosevelt Medical Center provides birthday lab and blood work to community members at a significantly reduced cost
- The facility focuses on breast health during breast cancer awareness month through public educational announcements and notices
- The facility encourages students to pursue health careers by opening the lab for school trips and providing internship and job shadowing opportunities for high school students across various departments
- Roosevelt Medical Center also opens its conference rooms to various community groups for meetings

List of Available Community Partnerships and Facility Resources to Address Needs

- Culbertson, Froid, and Bainville area schools
- Senior Center
- Montana Office of Rural Health (MORH) provides technical assistance to rural health systems and organizations
- Montana Rural Health Initiative (RHI)
- Great Northern Development serves as an organization which provides assistance with economic development and community improvement.
- Eastern Montana Telemedicine Network (EMTN) provides infrastructure and support for telehealth needs
- Eastern Montana Mental Health Services provides support and services related to mental health
- Montana Health Network is a collaborative effort to provide services to all residents of Montana
- City Council of Culbertson is a partner with the facility and is active in the community
- County Council of Aging is a partner with the facility and serves as a resource for the senior population
- Montana Nutrition and Physical Activity Program (NAPA) will serve as a resource specific to health/wellness
- MSU Extension provides educational support to members of the community
- Montana Department of Public Health and Human Services (DPHHS) provides support to the facility
- Regional CAHs provide support and resources in implementation of best practices
- Shape Up Montana is a team-based wellness program that encourages Montanans to develop healthy physical activity and eating habits.
- Local law enforcement
- Local pharmacy
- Roosevelt County Public Health
- Four Directions Drug Task Force is a cooperative/collaborative taskforce addressing substance abuse in our region
- US DEA sponsors the National Prescription Drug Take Back Day

Roosevelt County Indicators

Low Income Persons

- 24.3% of persons are below the federal poverty level

Uninsured Persons

- 25% of adults less than age 65 are uninsured
- Data is not available by county for uninsured children less than age 18

Leading Causes of Death: Primary and Chronic Diseases

- Heart Disease
- Cancer
- Chronic Lower Respiratory Disease (CLRD)

Elderly Populations

- 10.8% of Roosevelt County's Population is 65 years and older

Size of County and Remoteness

- 11,332 people in Roosevelt County
- 4.4 people per square mile

Nearest Major Hospital

- Trinity Health in Minot, ND – 166 miles from Roosevelt Medical Center

Public Health and Underserved Populations Consultation Summaries

Public Health Consultation [Patty Presser – Public County Health Director, Roosevelt County
Ardis Oelkers – Roosevelt County MSU Extension Officer, Town of Culbertson – March 29, 2017]

- People might be interested in diabetes education.
- Montana suicide rates are alarming.
- We have such a big county that county-wide data isn't really representative of each community.

Underserved Population – Senior Citizens [Betty Gobbs – Senior Citizens Representative, volunteer – March 29, 2017]

- It would be so nice to have more specialty services in town so that seniors don't have to travel so far.

Underserved Population – Youth [Larry Crowder, Superintendent – Culbertson School District; Sheri Crain, Mayor – Town of Froid; Lynda Labatte, Farmer – Town of Froid; Patty Presser, Public County Health Director, Roosevelt County – March 29 and August 10, 2017]

- I would also say for outdoors a walking or biking place would be nice for recreation since we don't have that.
- I worry about mental health.
- There doesn't seem to be as much teen pregnancy in Culbertson.

Underserved Population – Low Income [Patty Presser – Public County Health Director, Roosevelt County
Ardis Oelkers – Roosevelt County MSU Extension Officer, Town of Culbertson – March 29, 2017]

- The number of uninsured adults seems really high.

Underserved Population – Tribal/American Indian [Betty Gobbs – Senior Citizens Representative, volunteer – March 29, 2017]

- High prevalence of diabetes and obesity.

Needs Identified and Prioritized

Prioritized Needs to Address

1. Top three health concerns for the community were: Alcohol/substance abuse (66.5%), Cancer (44.1%) and Diabetes (34.8%).
2. Top components of a healthy community identified were: Access to healthcare and other services (70.2%), Healthy behaviors and lifestyles (36.6%).
3. 55.6% of survey respondents rated the community “Somewhat Healthy”.
4. 21.9% of survey respondents rated their knowledge of health services at RMC as “Fair” or “Poor”.
5. 34.8% of respondents indicated they had a “Fair” or “Poor” understanding of their health insurance policy.
6. 34.8% of respondents indicated a fitness center was a desired local healthcare service.
7. Significantly more respondents indicated interested in health and wellness classes/programs if available locally (34.8%).
8. Overweight/obesity and lack of exercise were a health concern in the community (28.6% and 21.7% respectively).
9. Key informants indicated a need for a wellness center and outdoor fitness options.
10. Key informants indicated drugs and alcohol abuse are a concern in the community.
11. Key informants felt mental health was a concern in the community.

Needs Unable to Address

(See page 22 for additional information)

1. 45.3% of survey respondents felt more primary care providers would improve the community’s access to healthcare.
2. 41.6% of survey respondents felt more specialists would improve the community’s access to healthcare.
3. Desired local healthcare services: dental clinic (42.9%) and massage therapy (29.8%).

Executive Summary

The following summary briefly represents the goals and corresponding strategies and activities which the facility will execute to address the prioritized health needs (from page 9). For more details regarding the approach and performance measures for each goal, please refer to the Implementation Plan Grid section, which begins on page 13.

Goal 1: Enhance senior services available in Roosevelt County.

Strategy 1.1: Increase availability of health services for Roosevelt County seniors

Activities:

- Explore feasibility of offering a health clinic (i.e. foot care, blood pressure check, finger poke blood glucose check) at the senior center
- Coordinate with Senior Center to determine schedule, staffing needs and availability
- Develop protocol for referring patients to clinic (i.e. schedule follow up appointments based on extra care needs)
- Explore offering lunch and learns at the senior center regarding various health topics (diet, sleep, physical therapy, Medicare) and coordinate with Senior Center to determine timeline
- Determine potential topics to present at the senior center and assign to appropriate RMC staff
- Schedule presentations at senior center and develop presentation materials/handouts
- Determine feasibility of offering annual senior health fair/pancake breakfast at senior center
- Reach out to potential partners for senior health fair/pancake breakfast and determine staffing and resource needs

Strategy 1.2: Increase access to senior services through enhanced marketing strategies.

Activities:

- Develop marketing and outreach materials to notify seniors of services and new programs available
- Create educational flyer for information related to Medicare wellness checks (when, and how to sign up)
- Develop education presentation and materials to assist seniors with Medicare enrollment or other coverage

Goal 2: Improve access to health and wellness programs and events in Roosevelt County.

Strategy 2.1: Explore new partnerships, programs, and activities that will increase opportunities to stay physically active in Roosevelt County.

Activities:

- Explore utilizing the RMC’s physical therapy room as workout facility that is open to the public
- Reach out to Sheridan Memorial Hospital a CAH in Plentywood, MT to learn about their protocol regarding public access to PT room
- Research hospital liability of allowing public to use facility and if determined as feasible, advertise open hours to public
- Research similar MT towns with trail systems to determine: potential opportunities, barriers, funding sources, and collaborative partnerships that may assist in implementing a trail system
- Convene staff group to explore offering a worksite wellness program for RMC staff; Utilize RHI Worksite Wellness Toolkit to determine feasibility
- Continue to participate in and promote Shape Up Montana for employees and challenge groups and promote Healthy Lifestyles program at the hospital
- Determine the feasibility of sponsoring a 5K fun run/walk in the community
- Explore offering a Trails Rx/prescription walking program to implement in clinic. Research and develop program documents, train providers and resources as appropriate

Strategy 2.2: Increase access to health and wellness programs and resources through marketing strategies.

Activities:

- Continue promoting health, wellness and services in the community (providing end of year packages for students, heart health month, etc.)
- Continue supporting community health and wellness events (ex. Color Run, powder puff breast cancer awareness event)
- Explore developing and disseminating a free In-Case of Emergency magnet and advertise on website/health fair/social media
- Publish a hospital newsletter twice a year in an electronic and paper format to be mailed to all P.O. box holders in the RMC service area
- Send out monthly health update e-mails to the hospital listserv
- Partner with the Rural Health Initiative and share their educational webinars and resources with the community

Goal 3: Improve outreach and education efforts regarding alcohol and substance abuse.

Strategy 3.1: Utilize education, programs, and events to enhance community knowledge about alcohol/substance abuse prevention and resources.

Activities:

- Participate in National Prescription Drug Take Back Day (April 28th)
- Partner with public health, pharmacy, local law enforcement, and Four Directions Drug Task Force to promote National Prescription Take Back Day
- Work with community partners to create media campaign
- Develop an alcohol and substance abuse education program in partnership with the local schools and law enforcement (explore re-starting Ghost Out program (drunk/distracted driving prevention program))
- Send RMH staff person to become a certified as “Master Trainer” to provide community education on opioid overdose and use of naloxone
- Reach out to potential partners (local schools, law enforcement, EMS) to share opioid training resources
- Continue disseminating the drug and alcohol resource list throughout the clinic and community

Implementation Plan Grid

Goal 1: Enhance senior services available in Roosevelt County.

Strategy 1.1: Increase availability of health services for Roosevelt County seniors.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Explore feasibility of offering a health clinic (i.e. foot care, blood pressure check, finger poke blood glucose check) at the senior center	Nursing, Clinic, Public Health	June 30 2018	Gov. Board	Senior Centers, Public Health	Staffing limitations, Funding limitations
Coordinate with Senior Center to determine schedule, staffing needs and availability	Liz Leinen Business Office	June 30 2018	Gov. Board	Senior Center Public Health	Resource limitations, Funding limitations, Scheduling conflicts
Develop protocol for referring patients to clinic (i.e. schedule follow up appointments based on extra care needs)	IT, Providers, Clinic, Nursing	June 30, 2018	Gov. Board	Public Health	Resource limitations
Explore offering lunch and learns at the senior center regarding various health topics (diet, sleep, physical therapy, Medicare) and coordinate with Senior Center to determine timeline	Marketing Business Office Clinic	August 31, 2018	Gov. Board	Senior Centers	Resource limitations, Scheduling conflicts
Determine potential topics to present at the senior center and assign to appropriate RMC staff	Marketing Business Office Clinic	August 31, 2018	Gov. Board	Senior Centers	Resource limitations Staffing limitations
Schedule presentations at senior center and develop presentation materials/handouts	Marketing Business Office Clinic	August 31, 2018	Gov. Board	Senior Centers	Resource limitations, Scheduling conflicts
Determine feasibility of offering annual senior health fair/pancake breakfast at senior center	Marketing	April 2019	Gov. Board	Senior Centers	Resource limitations, Funding limitations, Scheduling conflicts
Reach out to potential partners for senior health fair/pancake breakfast and determine staffing and resource needs	Marketing	April 2019	Gov. Board	Senior Centers	Resource limitations, Funding limitations, Scheduling conflicts

Needs Being Addressed by this Strategy:

- 1. Top three health concerns for the community were: Alcohol/substance abuse (66.5%), Cancer (44.1%) and Diabetes (34.8%).
- 2. Top components of a healthy community identified were: Access to healthcare and other services (70.2%), Healthy behaviors and lifestyles (36.6%).
- 3. 55.6% of survey respondents rated the community “Somewhat Healthy”.

Anticipated Impact(s) of these Activities:

- Increased access to healthcare services for senior community members.
- Improved health of the community.
- Increased communication between the hospital and community.
- Increased collaboration with community partners.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track patient referrals from senior health clinic.
- Track participants in senior health clinic.
- Track number of lunch and learn presentations.
- Track number of community participants in lunch and learns.

Measure of Success: A senior health fair is offered in the community by 2020.

Goal 1: Enhance senior services available in Roosevelt County.

Strategy 1.2: Increase access to senior services through enhanced marketing strategies.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Develop marketing and outreach materials to notify seniors of services and new programs available	Marketing	August 1, 2018	Gov. Board	Senior Center, Area on Aging	Resource limitations
Create educational flyer for information related to Medicare wellness checks (when, and how to sign up)	Marketing Clinic	August 31, 2018	Gov. Board	Senior Center, Area on Aging	Resource limitations, Financial limitations
Develop education presentation and materials to assist seniors with Medicare enrollment or other coverage	Marketing Business Office	August 31, 2018	Gov. Board	Senior Center, Area on Aging	Resource limitations

Needs Being Addressed by this Strategy:

- 2. Top components of a healthy community identified were: Access to healthcare and other services (70.2%), Healthy behaviors and lifestyles (36.6%).
- 3. 55.6% of survey respondents rated the community “Somewhat Healthy”.
- 4. 21.9% of survey respondents rated their knowledge of health services at RMC as “Fair” or “Poor”.
- 5. 34.8% of respondents indicated they had a “Fair” or “Poor” understanding of their health insurance policy.

Anticipated Impact(s) of these Activities:

- Increased access to healthcare services for senior community members.
- Improved senior knowledge of Medicaid enrollment and services.
- Improved health of the community.
- Increased communication between the hospital and community.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track patient visits resulting from mailings/outreach.
- Track number of attendees at educational presentation.

Measure of Success: Clinic will see an increase in senior Medicare wellness checks by 2019.

Goal 2: Improve access to health and wellness programs and events in Roosevelt County.

Strategy 2.1: Explore new partnerships, programs, and activities that will increase opportunities to stay physically active in Roosevelt County.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Explore utilizing the RMC’s physical therapy room as workout facility that is open to the public	Clinic Business Office	Oct. 15, 2018	Gov. Board	Culbertson School	Resource limitations, Financial limitations
Reach out to Sheridan Memorial Hospital a CAH in Plentywood, MT to learn about their protocol regarding public access to PT room	Bree Rhodes PT staff	Oct. 15, 2018	Gov. Board	Regional CAHs	Resource limitations
Research hospital liability of allowing public to use facility and if determined as feasible, advertise open hours to public	Finance Dept	Oct. 15, 2018	Gov. Board		Resource limitations, Financial limitations
Research similar MT towns with trail systems to determine: potential opportunities, barriers, funding sources, and collaborative partnerships that may assist in implementing a trail system	Clinic Providers	July, 30 2019	Gov. Board	Regional CAHs Area Walkers Town Council Extension Office	Resource limitations, Financial limitations
Convene staff group to explore offering a worksite wellness program for RMC staff; Utilize RHI Worksite Wellness Toolkit to determine feasibility	Committee of staff members	October 31, 2019	Gov. Board	Montana RHI Allegiance Health Blue Cross Blue Shield	Resource limitations, Scheduling conflicts
Continue to participate in and promote Shape Up Montana for employees and challenge groups and promote Healthy Lifestyles program at the hospital	Committee of staff members	Jan. 15, 2019	Gov. Board	Shape Up Montana	Resource limitations
Determine the feasibility of sponsoring a 5K fun run/walk in the community	Committee Marketing	August 2019	Gov. Board	Culbertson School Couch to 5K	Resource limitations, Financial limitations, Scheduling conflicts
Explore offering a Trails Rx/prescription walking program to implement in clinic. Research and develop program documents, train providers and resources as appropriate	Clinic Providers	September 2020	Gov. Board		Resource limitations, Financial limitations

Needs Being Addressed by this Strategy:

- 1. Top three health concerns for the community were: Alcohol/substance abuse (66.5%), Cancer (44.1%) and Diabetes (34.8%).

- 2. Top components of a healthy community identified were: Access to healthcare and other services (70.2%), Healthy behaviors and lifestyles (36.6%).
- 3. 55.6% of survey respondents rated the community “Somewhat Healthy”.
- 6. 34.8% of respondents indicated a fitness center was a desired local healthcare service.
- 7. Significantly more respondents indicated interested in health and wellness classes/programs if available locally (34.8%).
- 8. Overweight/obesity and lack of exercise were a health concern in the community (28.6% and 21.7% respectively).
- 9. Key informants indicated a need for a wellness center and outdoor fitness options.

Anticipated Impact(s) of these Activities:

- Increased communication between the hospital and community.
- Increased collaboration between hospital and community partners.
- More community members engaging in physical activities and healthy living practices.
- Healthier community members with fewer chronic health issues.
- Increased utilization of preventive services.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Determine feasibility of utilizing PT room as a community fitness room.
- Track development of worksite wellness program.
- Track implementation of Trails Rx or similar walking programs in clinic.

Measure of Success: RMC with community partners collaborate to develop a community walking path in town.

Goal 2: Improve access to health and wellness programs and events in Roosevelt County.

Strategy 2.2: Increase access to health and wellness programs and resources through marketing strategies.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Continue promoting health, wellness and services in the community (providing end of year packages for students, heart health month, etc.)	Marketing	ongoing	Gov. Board	Schools Extension Services	Resource limitations, Financial limitations
Continue supporting community health and wellness events (ex. Color Run, powder puff breast cancer awareness event)	Marketing	October 2018	Gov. Board	Schools	Resource limitations, Financial limitations
Explore developing and disseminating a free In-Case of Emergency magnet and advertise on website/health fair/social media	EMS Marketing	December 2018	Gov. Board	LEPC Law enforcement County Health Extension Services	Resource limitations, Financial limitations
Publish a hospital newsletter twice a year in an electronic and paper format to be mailed to all P.O. box holders in the RMC service area	Marketing	June 2018	Gov. Board		Resource limitations, Financial limitations
Send out monthly health update e-mails to the hospital listserv	IT	June 30, 2018	Gov. Board		Resource limitations
Partner with the Rural Health Initiative and share their educational webinars and resources with the community	Exploratory Committee	August 2018	Gov. Board	Montana RHI MT State Univ.	Resource limitations

Needs Being Addressed by this Strategy:

- 1. Top three health concerns for the community were: Alcohol/substance abuse (66.5%), Cancer (44.1%) and Diabetes (34.8%).
- 2. Top components of a healthy community identified were: Access to healthcare and other services (70.2%), Healthy behaviors and lifestyles (36.6%).
- 3. 55.6% of survey respondents rated the community “Somewhat Healthy”.
- 4. 21.9% of survey respondents rated their knowledge of health services at RMC as “Fair” or “Poor”.

Anticipated Impact(s) of these Activities:

- Increased access to healthcare services for community members.
- Improved health of the community.
- Increased community health knowledge.
- Increased communication between the hospital and community.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track email readership rates for monthly health updates.
- Track number of community events sponsored/supported.
- Track development and dissemination of In-Case of Emergency resource.

Measure of Success: RMC's listserv participants will be knowledgeable about and participate in community health events and learning opportunities.

Goal 3: Improve outreach and education efforts regarding alcohol and substance abuse.

Strategy 3.1: Utilize education, programs, and events to enhance community knowledge about alcohol/substance abuse prevention and resources.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Participate in National Prescription Drug Take Back Day (April 28 th)	Marketing Clinic	April 28, 2018	Gov. Board	US DEA	Resource limitations
Partner with public health, pharmacy, local law enforcement, and Four Directions Drug Task Force to promote National Prescription Take Back Day	Marketing Clinic	April 28, 2018	Gov. Board	Public health, Local pharmacy, Four Directions Drug Task Force	Resource limitations, Financial limitations
Work with community partners to create media campaign	Marketing	Ongoing annually	Gov. Board	Public health, Local pharmacy, Four Directions Drug Task Force	Resource limitations
Develop an alcohol and substance abuse education program in partnership with the local schools and law enforcement (explore re-starting Ghost Out program (drunk/distracted driving prevention program))	Trauma EMS	October 31, 2018	Gov. Board	Local schools, Local law enforcement, EMS Mental health	Resource limitations, Financial limitations, Scheduling conflicts
Send RMH staff person to become a certified as “Master Trainer” to provide community education on opioid overdose and use of naloxone	EMS	May 30, 2018	Gov. Board	DPHHS	Resource limitations, Scheduling conflicts
Reach out to potential partners (local schools, law enforcement, EMS) to share opioid training resources	EMS	May 30, 2018	Gov. Board	Local schools, Local law enforcement, EMS	Resource limitations, Scheduling conflicts
Continue disseminating the drug and alcohol resource list throughout the clinic and community	Clinic Nursing	August 31, 2018	Gov. Board	County health Patty Presser Mental health	Resource limitations

Needs Being Addressed by this Strategy:

- 1. Top three health concerns for the community were: Alcohol/substance abuse (66.5%), Cancer (44.1%) and Diabetes (34.8%).
- 2. Top components of a healthy community identified were: Access to healthcare and other services (70.2%), Healthy behaviors and lifestyles (36.6%).

- 3. 55.6% of survey respondents rated the community “Somewhat Healthy”.
- 10. Key informants indicated drugs and alcohol abuse are a concern in the community.
- 11. Key informants felt mental health was a concern in the community.

Anticipated Impact(s) of these Activities:

- Fewer ER admissions for drug/alcohol related issues/overdose.
- Improved knowledge of prevention and practices for opioid overdose.
- Improved community knowledge of available drug and alcohol resources.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track number of community organizations utilizing the Master Trainer training.
- Track development of Ghost Out program for local youth.
- Track number of community partners participating in the National Prescription Drug Take Back Day.

Measure of Success: One RMC staff will be certified a master trainer by September 2018.

Needs Not Addressed and Justification

Identified health needs unable to address by Roosevelt Medical Center	Rationale
1. 45.3% of survey respondents felt more primary care providers would improve the community's access to healthcare.	<ul style="list-style-type: none"> RMC is continually working to expand its primary care services. Workforce shortages as well as the remote location of Culbertson creates a unique and challenging environment for recruitment of providers.
2. 41.6% of survey respondents felt more specialists would improve the community's access to healthcare.	<ul style="list-style-type: none"> At this time, providing full-time specialists is beyond the resource capacity of Roosevelt Medical Center. As RMC already rotates specialists on a periodic basis, the community does have access to some specialists. Also, recruiting specialists to the area is very difficult due to the remote location of Culbertson.
3. Desired local healthcare services: dental clinic (42.9%) and massage therapy (29.8%).	<ul style="list-style-type: none"> Providing these services is currently beyond the resource and financial capacity of RMC at this time.

Dissemination of Needs Assessment

Roosevelt Medical Center “RMC” disseminated the community health needs assessment and implementation plan by posting both documents conspicuously on their website (<http://www.rooseveltmedical.org/Resources.html>) as well as having copies available at the facility should community members request to view the community health needs assessment or the implementation planning documents.

The Steering Committee, which was formed specifically as a result of the CHSD [Community Health Services Development] process to introduce the community to the assessment process, will be informed of the implementation plan to see the value of their input and time in the CHSD process as well as how RMC is utilizing their input. The Steering Committee, as well as the Board of Directors, will be encouraged to act as advocates in Roosevelt County as the facility seeks to address the healthcare needs of their community.

Furthermore, the board members of RMC will be directed to the hospital’s website to view the complete assessment results and the implementation plan. DMH board members approved and adopted the plan on **March 27, 2018**. Board members are encouraged to familiarize themselves with the needs assessment report and implementation plan so they can publicly promote the facility’s plan to influence the community in a beneficial manner.

RMC will establish an ongoing feedback mechanism to take into account any written comments it may receive on the adopted implementation plan document.

[Please remove the following statement and the disclaimer in the footer once the planning document is finalized]

**Please note that you will need to include information specific to these requirements:*

- *You must post your community health needs assessment (CHNA) and your facility’s implementation plan publicly – both “conspicuously” on your website as well as have a hard copy available at your facility should someone request to view either/both documents.*
 - o *Your documents must remain on the web until two subsequent CHNA reports have been posted*
 - o *An individual must not be required to create an account or provide personally identifiable information to access the report*
 - o *A paper copy must be available for public inspection without charge*
- *Your facility’s implementation plan must be approved and the plan must document the date upon which the plan was approved/adopted*